**February 19, 2024**

**LMI Meeting Minutes**

**Meeting opened** via Zoom at 7:00 pm

**Opening Script (Amy)**

**Roll Call:** Alex, Co Chair; Amy ,Co Chair; Lori, Treasurer; Traci, Thu 10 AM; Sharon, Web Admin; Laya, Thu 6:30 Red Door; Kathy C, Region 5 Rep; Mary Jane, Thu 6pm; Suzy R, Phone Meeting and Public Outreach; Gretchen, Fri 10:30; Barbara H, Reg 5 Rep; Sonja F, Zoom Administrator; Debbie SP, Friday 6:30 and World Service Rep; Connie, Mon 5:30; Mary Ellen, Tues AM Zoom; Cassity B, Wed 6 PM.

**Meetings needing support:**

* Zoom: Fri 6:30 Zoom (Needs Leaders)
* Phone: Wed & Fri AM need support. Fri especially needs leaders
* In Person: Tue 6 PM Serenity House

**Step 12 Reading (Sonja)**

**2nd Concept Reading (Amy)**

1. **Reports from elected officers (Amy)**
   1. Minutes from January meeting (Kathy)
      1. Moved to Approve (Traci), Second (Barbara). Approved unanimously.
   2. Treasurer’s Report (January) (Lori)
      1. Moved to Approve (Kathy), Second (Mary Ellen). Approved unanimously.
   3. Region 5 (Kathy/Barbara): Nothing to Report. Barbara and Kathy will be attending the Region 5 Business Conference in March.
   4. WSO (Debbie): Intergroup will be voting on a motion from WSO whether to delete the word “weight” from the OA-approved definition of abstinence. The motion will now read as: Abstinence is the action of refraining from compulsive eating and compulsive food behaviors while working towards or maintaining a healthy body. (deleting weight)
      1. All we need to do is decide if we want WSO to discuss deleting the weight from the description. Laya made a motion to discuss this proposed discussion topic. Barbara seconded. Floor was open for discussion. All were in favor of WWO having discussion about this topic
      2. WSO still working on development of literature about members with mental illness recovering in OA.
2. **Reports from volunteer service positions (Amy)**
   1. Communication and Website Administrator (Sharon)
      1. Unity Workshop info is now available on our website
   2. Meeting List Coordinator/Zoom Captain (Sonja)
      1. 2 people to be trained to be host—will be working on that
      2. New zoom ID for PIPO Committee
      3. Have people contact Sonja who want to learn to be Zoom host.
   3. Newcomer Advocate (Harriette)
   4. Retreat Report & Plans—Scholarship Donations (Barbara)
      1. Scholarship Fund $1526.00 currently in reserve
      2. Committee met 9 people in attendance. Date set Oct 11-13. Catherine will be registrar. Discussion on topic tentatively decided to do it on OA Promises. Barbara to investigate and try to find potential speakers. Next meeting scheduled.
      3. Yom Kippur on same weekend. Unable to change but can look at other retreat sites for future retreats.
      4. People needing assistance to come to retreat should contact Catherine
   5. Outreach Advocate (Suzy)
      1. Has had 1 request since last meeting. A member wants 10 pamphlets for doctors. Suzy to mail out tomorrow
   6. Phone and Zoom Token Coordinator (Cindy). Cindy not in attendance tonight
3. **Ongoing Business (Alex)**
   1. February/March 2024 Calendar—Alex reviewed all of our calendar items
   2. Final plans for World Unity Day (Saturday Feb 24).
      1. Mary Ellen reported on Unity Day plans so far.
      2. Kathy reported for the Workshop committee that After Unity Day Debbie will be taking Body Image as topic for workshop #2. Token Club April 21st. Workshop #3 will be in July in person on Sponsorship led by Kathy. Workshop #4 led by Barbara on Abstinence on Zoom Nov 2nd tentative date
   3. PIPO Committee Meeting was held on Feb 10th at the Token Club—First meeting had 6 people attend. WSO provided a booklet for PIPO that will be used by the committee
   4. New Meeting to start in Shively, Pleasure Ridge Park, Valley Station Areas
   5. OA Lexington meeting(s) interest in joining LMI. Person from Lex working on getting people from Lex to vote on joining our Intergroup. Amy and Alex will attend that meeting and group conscious.
4. **New Business (Alex)**
   1. Finalize workshop topics—see above
   2. Establish a Committee Chair and begin brainstorming for Workshop 2 (April)
   3. Any other New Business

**Information to be shared by Intergroup Reps in their individual, OA meetings (Kathy):**

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**Closing (Amy)**

Submitted by Kathy Christian on 2/19/2024.