

November 20, 2023 LMI Meeting Minutes

Meeting opened via Zoom at 7:00 pm

Opening Script (Amy)

Roll Call: Kathy C., Gretchen (New IG Rep for Friday 10:30a meeting), Tiffany, Brooke, Amy, Alex, Suzy, Debbie, Sonja (new Meeting List Coordinator/Zoom Captain), Traci, Mary Ellen, Barbara H, Laya

Meetings needing support:

- **In-person:** Monday 5:30p
- **Phone:** Wed & Fri meetings (need chairs)

Step 12 Reading (Gretchen)

10th Concept Reading (Amy)

1. Reports from elected officers (Amy)

- a. Minutes from October meeting (Brooke)
 - i. Moved to Approve (Kathy), Second (Traci). Approved unanimously.
- b. Treasurer's Report (October) (Lori)
 - i. Will review at January meeting.
- c. Region 5 (Kathy/Barbara): Region 5 meeting was very productive.
 - i. Kathy is on Convention Committee. Region 5 Convention will be held in-person in Cleveland, OH Sept 6-8, 2024.
 - ii. Both Kathy and Barbara serve on Intergroup-to-Intergroup subcommittee, and they are working on creating a Welcome packet for new groups coming in. Another Intergroup is dissolving; some of those meetings/representatives might join with Region 5. Kathy wrote a Welcome letter for those new meetings/representatives. Kathy will roll off Region 5 service role in June 2024.
 - iii. Barbara serves on the Finance Committee and learned about their guidance for Intergroup budget allocations: 60% to Intergroup, 30% to World Service, 10% to Region. Region 5 found an excess of money in budget and was able to increase allocations to World Service for 2023 and 2024.
- d. WSO (Debbie): In need of mental health articles/submissions (800 words or less). Debbie anticipates the deadline will be extended. World Service will be taking registration starting in January for World Service Business Convention held in May 2024.

2. Reports from volunteer service positions (Amy)

- a. Communication and Website Administrator (Sharon): no update
- b. Meeting List Coordinator/Zoom Captain (Kathy): Sonja will be taking over this position as of January 2024. In transferring position, Kathy cleaned up meeting list and created permanent Zoom accounts for meetings staying online. Kathy also deleted Paducah (no meetings) and Radcliffe (no working contact number) affiliate listings. In this process, Kathy did contact Lexington meeting representative who noted she would discuss Louisville Intergroup with her meeting. The Sunday 2p meeting is dissolving.
- c. Newcomer Advocate (Harriette): no update
- d. Retreat Report (Traci and Committee): Mount St. Francis bill has been paid. Traci's expenses are yet to be paid. New committee members have been identified. Mary Ellen & Barbara will be co-chairs of 2024 Retreat.
- e. Outreach Advocate (Suzy): Lori ordered 200 copies of "When Should I Refer Someone to OA" pamphlet to distribute to health care providers. Suzy has sent pamphlets out to several members for distribution. It was discussed that return address labels or a stamp be used to mark the back of pamphlets with OA contact email and web address. Suzy will be reimbursed for expenses.
- f. Phone and Zoom Token Coordinator (Cindy): no update

3. Ongoing Business (Alex)

- a. November/December 2023 Calendar
 - i. 12/27/23: Executive Committee will be auditing the 2023 financial documents and drafting the budget for 2024.
- b. Vote on Goals & Objectives for the upcoming year—2024.
 - i. Moved to Approve (Mary Ellen), Second (Barbara). Approved unanimously.
- c. We didn't have an abstinence (World Idea Day) workshop this year. Did any group have abstinence as their topic last week?
 - i. Barbara attended several meetings on abstinence, slogans, etc. These meetings were engaging and well attended.
 - ii. Gretchen reported that Saturday 4p meeting discussed abstinence at a recent meeting.

4. New Business (Alex)

- a. Nominate WSO Representative for January 2024 election.
 - i. Debbie has agreed to take her second term as World Service Delegate.
 - ii. No additional nominees. Will vote on Debbie's nomination at January Intergroup meeting.
- b. Hear requests for changes or additions to next year's budget.
 - i. Discussed increasing OA outreach through advertising, social media, participation in health fairs, etc. Proposed budgeting \$500 for outreach.
- c. Reminder of Gratitude meetings.

- d. Remind meetings of the 12th Step Within Day (12/12/23); offer suggestions on how meetings might commemorate.
- e. Any other new business:
 - i. Barbara talked with Token Club about Sunday 11a opening. Sunday 11a meeting used to be very well attended. Intergroup Reps will discuss this opportunity with meetings.
 - ii. Alex will ask Sharon to send an email blast regarding the Membership Survey and 6 respondents who stated they wanted to help start a meeting.

Information to be shared by Intergroup Reps in their individual, OA meetings (Brooke):

- Meetings needing support: Wed & Fri phone meetings in need of meeting chairs. Monday night 5:30 needs support.
- WSO: In need of mental health articles/submissions (800 words or less). World Service will be taking registration starting in January for World Service Business Convention held in May 2024.
- Region 5 Convention will be held in-person in Cleveland, OH Sept 6-8, 2024.
- Gratitude meetings will be held on Thanksgiving Day
- 12th Step Within Day (12/12/23): Reach out to members you haven't seen in a while.
- Social Media Outreach Committee: We are looking to develop committee to grow OA social media presence and outreach. Reach out to your Intergroup Rep if you are interested.
- Sunday 2p Zoom meeting is dissolving; however, there is the opportunity to start a Sunday 11a meeting at the Token Club if members are interested.

Closing (Amy)

Submitted by Brooke Schreiner on 11/20/23.