



W O R L D S E R V I C E O F F I C E

Annual Appeal Letter from your WSO

Please read at three consecutive meetings.

To: Groups and Members of Overeaters Anonymous

The Board of Trustees (BOT) wants to begin by saying that we are praying that all our fellow OA members are safe and cared for in this time of crisis. Our hope and prayers are something we can share to strengthen our connection and concern for everyone. It is great to see how quickly many face-to-face groups came up with solutions to the unusual circumstances that were restricting their weekly meetings. Recovery is possible in the digital world; something our virtual meetings have known for some time. It's the connection that keeps us strong and committed. May we all reach out to one another during and in between our scheduled meetings to ensure that none are left alone to suffer from compulsive eating during such a stressful time.

Many of our meetings are opting to change their format temporarily from face-to-face to a virtual platform. The BOT fully supports and encourages that decision. We do want to suggest that everyone continue to make their contributions by whatever means the group determines rather than a promise to do something later. A decrease in regular income may have quite an impact on all our service bodies.

April is the month for OA's annual appeal for an extra contribution from our meetings. We encourage your group to respond by either taking up extra collections or by asking individuals to make direct contributions of their own. We do understand that many of our members will be in situations where their income is affected by the current world situation. If that is the case, give what you can, now or later, when things are better. And if you are in the position to contribute something extra now, we appreciate your participation.

On behalf of your World Service Office and your Board of Trustees, our sincere thanks to each of you for service in carrying this message, and for responding in such a caring way.

In gratitude,
Board of Trustees, Treasurer

Note: If you prefer to contribute online, go to <https://oa.org/contribute/>.

After reading at three consecutive meetings, please forward the collective contribution, **including your group number** to:

- - - - - cut here - - - - -

Overeaters Anonymous World Service Office/Appeal to Groups

PO Box 44727

Rio Rancho NM, 87174-4727 USA

Group # _____

Enclosing US\$ _____